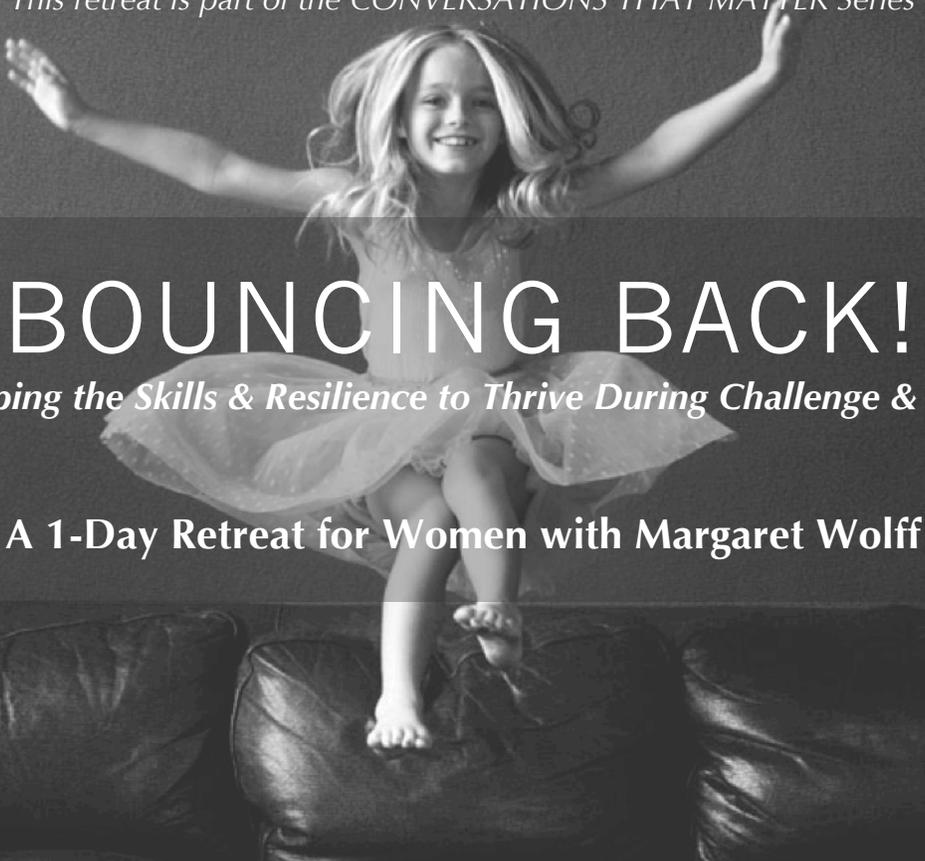


*This retreat is part of the CONVERSATIONS THAT MATTER Series*



# BOUNCING BACK!

*Developing the Skills & Resilience to Thrive During Challenge & Change*

**A 1-Day Retreat for Women with Margaret Wolff**

**10:00 am – 4: 00 pm Saturday, October 15<sup>th</sup>, 2016  
Encinitas, CA**

It's a big world out there and things are getting bigger, moving faster all the time – especially for women. Many of us are smack dab in the middle of a life-changing transformation, scrambling to keep our feet on the ground and our heads above water, hoping for a safe place to land. An iPhone can get you through the day, but it will not help you create your best life.

If you, too, are at a turning point in your life that's spinning you this way and that, help is on the way! "Bouncing Back: *Developing the Skills & Resilience to Thrive During Challenge and Change*" is a 1-day retreat for women of all ages who are determined to live with meaning and purpose. Guided conversation, experiential exercises, and storytelling help identify what we need to do and have and be in order to live the lives we want to live.

Join us! A life-changing experience and a rollicking good time await you!

**LOCATION:** Eve Encinitas, 575 South Coast Highway 101, Encinitas, CA, 92024

**COST:** \$139 by October 8th; \$159 thereafter and at the door.

**REGISTER VIA PAY PAL:**

<http://www.insweetcompany.com/retreats/conversations-that-matter/registration-ctm/>

**REGISTER BY MAIL:** Download the Registration Form at <http://www.InSweetCompany.com/retreats/conversations-that-matter/registration-ctm/> and mail it with your check to: Margaret Wolff, 1106 2nd Street, # 450, Encinitas, 92024

**MORE INFO:** [Margaret@InSweetCompany.com](mailto:Margaret@InSweetCompany.com)

**PLEASE BRING:** A favorite comfort food to share. (Easy on the sugar!)

Margaret Wolff is a writer, art therapist, and retreat leader. She has led over 250 workshops and retreats in the U.S. Her last book, *In Sweet Company: Conversations With Extraordinary Women About Living A Spiritual Life*, is enjoyed by readers around the world. Learn more at [www.InSweetCompany.com](http://www.InSweetCompany.com).